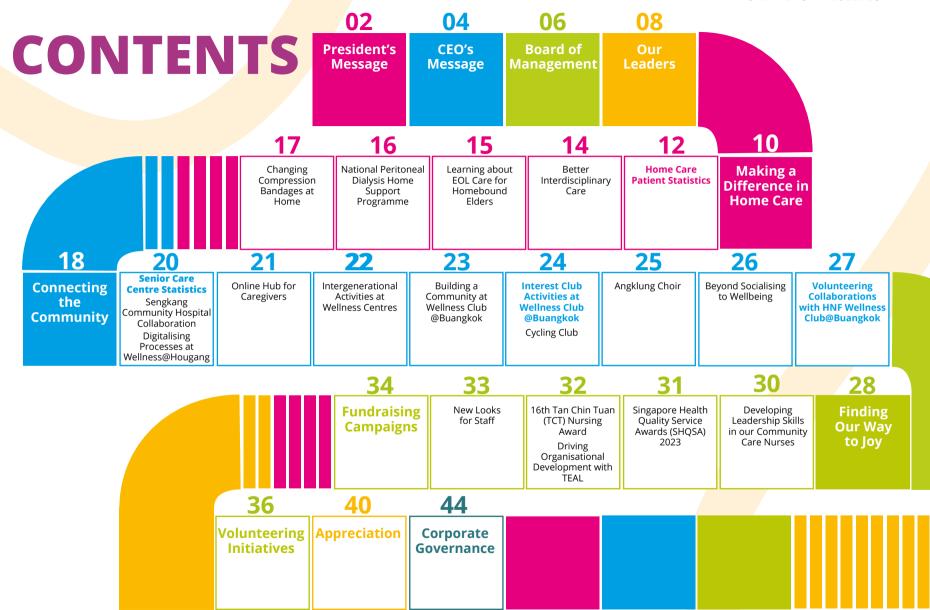


# **GAME FOR**



# GAME FOR

Inspired by the popular "Game of Life" board game, this annual report adopts the fun and vibrant characteristics where life can be approached as a **game** with a sense of joy and **positivity**.





# Mr T.K. Udairam President Board of Management Home Nursing Foundation

# PRESIDENT'S MESSAGE

Our journey over the past year has been characterised by continuous change as we moved to a endemic COVID-19 society. We continue to pursue excellence, a commitment to quality, and focus on the well-being of those we serve. The national agenda of promoting active ageing and empowering seniors to lead fulfilling lives in the community resonates deeply with us and we recognise the crucial role we play in supporting this vision as one of Singapore's largest home healthcare charities. We understand that it goes beyond the provision of medical care to seniors but also to enhancing quality of life through their golden years.

Being old is not necessarily a disadvantage, but rather, it can be likened to a game where accumulated experiences and wisdom unlock new opportunities for growth and meaning. We at HNF aim to enhance the overall quality of life for seniors, empower them to embrace the richness of their life experiences and live fully the next chapter in their life journey.

At our senior care centres and active ageing centre, we foster social connectivity, promote overall well-being, and nurture independence. We will continue to support individuals and families to live as independently as possible and to remain active.

This year we had our first-ever virtual cycling fundraiser, Tour de Care. It was a fun event that showcased our shared commitment to making a positive impact on the lives of those in need. Tour de Care united individuals, organisations, and the community in a powerful display of support for mission. Through the collective

efforts of our dedicated team, volunteers and partners, including Mobot, Holistic Way, Crank n Chain, and Hub & Spoke, the campaign exceeded our expectations. Not only did Tour de Care enable us to raise funds for our patients, but it also played a crucial role in raising awareness about the significance of home healthcare services.

We are deeply grateful to our partners, volunteers, and donors who have been unwavering in their support to our mission. Their selflessness and generosity enable us to provide exceptional home healthcare services to those in need. From volunteering at our Wellness Centres or befriending homebound patients to supporting our fundraising campaigns, they help patients and their families to receive the required help for an enhanced quality of life. Their commitment to making a difference has empowered us to bring relief, comfort, and a renewed sense of hope to those who need it most.

We remain dedicated to providing all-round support to our patients, seniors and their caregivers. We will continue to evolve our services, forge partnerships, and embrace innovation to meet the needs of our community. A healthy and vibrant population is the cornerstone of a thriving society, and we are committed to playing our part to ensure that our community continues to live meaningfully and joyfully.

We continue to pursue excellence, a commitment to quality, and focus on the well-being of those we serve.



# CEO'S MESSAGE

In the past year, we were steadfast in providing exceptional home healthcare services to those in need. We understand that healthcare extends beyond medical treatments and procedures – it encompasses bringing comfort and joy to individuals and their families during challenging times. By delivering care within the familiar surroundings of their own homes, we aim to create a sense of agency and dignity that is vital to the healing process.

We have expanded our reach and enhanced our services to address a wider range of medical conditions with personalised care that meets the unique needs of each patient. Through strategic collaborations, we have broadened our network of support, enabling us to deliver a comprehensive range of home healthcare services, such as multilayer compression bandaging for venous ulcers, home peritoneal dialysis, and end-of-life support for frail elders. HNF held its inaugural Interdisciplinary care conference for end-of life care in October last year to charter inter-professional home care standards.

Our Wellness Club@Buangkok Active Ageing Centre offers an extensive range of programmes and services to keep seniors engaged within the community. One of the highlights of the centre is the diverse selection of interest club activities initiated by volunteers, staff, and seniors themselves. These interest clubs, including the Angklung Choir and Cycling Club, allow seniors to explore their passions, form meaningful connections, and foster a strong sense of camaraderie. Through these initiatives, we empower seniors to take a more active role in shaping their own experiences and contribute to building a vibrant community.

We also understand the important role caregivers play in preserving the dignity and independence of their loved ones as they age in place. We have thus embarked on a journey to create a comprehensive Carers' Hub digital portal where caregivers will be able to discover a comprehensive range of resources tailored to their specific needs and be supported through an online community forum.

Caregivers often face challenges in accessing relevant information and informal support. By consolidating these resources into a user-friendly

digital platform, we strive to alleviate the burden of searching for assistance, making it easier for caregivers to find the help they need.

As we look ahead, we remain focused on providing accessible and quality care to empower patients to live purposefully in the community. We will continue to invest in our dedicated team and adopt innovations to deliver the most effective care. We hope to enhance the quality of life for every patient we serve, supporting their physical, social and emotional needs.

Thank you for your continued trust, support, and belief in our mission. Together, we are transforming lives, one home at a time.

We remain focused on providing accessible and quality care to empower patients to live purposefully in the community.

# MANAGEMENT



President
Chief Executive Officer
(Sheares Healthcare International
Holdings)
President: 31 January 2020 – Present
Date of 1st appointment to the
Board: 4 July 2019



Vice-President
Partner / Advisory
(PricewaterhouseCoopers Risk Services
Pte Ltd)
Vice President: 4 July 2019 – Present
Secretary: 27 July 2017 – 4 July 2019
Treasurer: 2 July 2015 – 27 July 2017
Vice President: 12 July 2012 – 2 July 2015
Date of 1st Appointment to the Board:
2 May 2011



Ms Lilian Tham Ee Mern
Secretary
Chief Operating Officer, Group
Chief Executive Officer, Singapore
(Eastspring Investments (Singapore) Ltd)
Secretary: 24 August 2020 – Present
Treasurer: 4 July 2019 – 24 August 2020
Date of 1st Appointment to the Board:
17 April 2017



Treasurer
Retiree
Treasurer: 24 August 2020 – Present
Date of 1st Appointment to the
Board: 11 July 2019



Mrs Deby Saroujiuy Palakrishr Board Member Retiree Date of 1st Appointment to the Board: 20 September 2016



Ms Low Beng Hoi Board Member Director of Nursing (Population Health & Community Transformation, Khoo Teck Puat Hospital/Yishun Health) Date of 1st Appointment to the Board: 4 July 2019



Mr Teo Hui Yu Richard Board Member Strategic Advisor (RichLife GlobalWealth Pte Ltd) Date of 1st Appointment to the Board: 18 June 2020



Ms Charmaine Chow Board Member Executive Director, Compliance (TMRW Digital Group) Date of 1st Appointment to the Board: 25 January 2018



Ms Jessica Ho Kit Ping Co-opted Board Member Marketing Director (Intel Technology) Date of 1st Appointment to the Board: 12 October 2021



Ms Tee Hui Min Christine Co-opted Board Member Partner (Allen & Gledhill LLP) Date of 1st Appointment to the Board: 13 July 2021



Ms Lim Choon Noi Board Member Consultant (Vanguard Consultancy Pte Ltd) Date of 1st Appointment to the Board: 22 July 2020



Mr Goh Jia Yong Board Member Partner (Ernst & Young Advisory Pte Ltd) Date of 1st Appointment to the Board: 22 July 2020



Mr Mock Pack Kay
Co-opted Board Member
Director
(Saratoga Capital (Singapore) Pte Ltd)
Date of 1st Appointment to the
Board: 13 July 2021



Mr Thio Tse Gan
Co-opted Board Member
Risk Management Consultant
(Deloitte & Touche Enterprise Risk
Services Pte Ltd)
Date of 1st Appointment to the
Board: 1 September 2022

# LEADERS































# MAKING A DIFFERENCE IN HOME CARE

Find 7 differences between the 2 pictures.



ANNUAL REPORT 2022/23

44

Home is truly where the heart is. That is why we keep exploring and coming up with new ways to provide better care, so that our patients to live with greater joy and dignity in the comfort of their own homes.

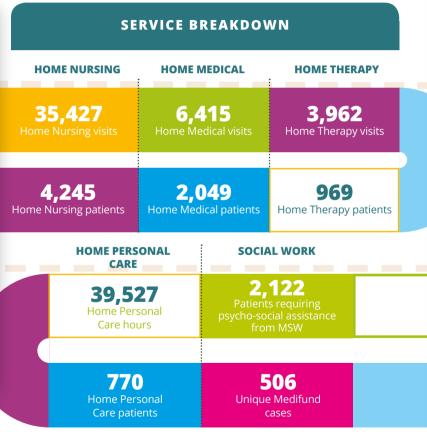




#### **HOME CARE**

## **PATIENT STATISTICS**

#### **HOME CARE SERVICE OVERVIEW** 5,712 Home Care patients 3,461 New patients admitted to Home Care Service 78,392 Home visits made for Home Nursing, Medical, Therapy and Caregivers' Training collectively 5,042 Home Care referrals received





#### PROFILE OF HNF HOME CARE PATIENTS









**5,260**No. of patients age 60 & above

2,070
No. of patients who are bed bound or have mobility issues

**4,845**Patients receiving subsidies for HNF services

Patients on financial assistance

#### PATIENTS DISCHARGED DUE TO CARE GOALS MET

115 visits

Number of extended-hours emergency nursing visits

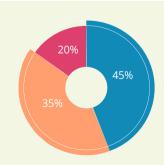


Number of patients discharged (Home Nursing) Discharged due to healed wound

14

Number of patients discharged (Home Therapy) Discharged due to goals met

31



#### **SERVICES BREAKDOWN (HOME CARE) - BY ZONE**

Number of HNF patients staying in each Regional Health System (RHS)

National Health Group	2,562 (45%
SingHealth System	1,980 (35%
National University Hospital System	1,170 (20%



As our communities age and present more advanced needs, interdisciplinary care goes a long way in addressing these issues holistically.

#### **Better Interdisciplinary Care**

As our communities age and present more advanced needs, interdisciplinary care goes a long way in addressing these issues holistically. In March 2022, we started a journey to develop Interdisciplinary Thematic Care Pathways (ITCP) that aim to improve standards of care for commonly encountered, complex situations.

Supported by the Community Silver Trust Fund, clinical leads across disciplines including doctors, nurses, therapists and social workers came together to identify common challenging care situations with poor outcomes and high costs. They aimed to develop evidence-based multidisciplinary care paths with clear clinical roles and interventions. A brainstorming

session produced 13 themes, with End-of-Life (EOL) care chosen as a top priority in 2022.

A series comprising nine clinical webinars was conducted jointly with Tan Tock Seng Hospital's Palliative care physicians, Rehabilitation medicine specialists, allied health and nursing professionals, to support the educational needs of clinical staff across Singapore. The webinars collectively attracted about 1,000 healthcare professionals.

Our clinical leads also developed an End-Of-Life care pathway which was presented at our inaugural interdisciplinary EOL Care conference in November 2022.



### Learning about EOL Care for Homebound Elders

In November 2022, we held a conference on EOL care with the goal of enhancing clinical care and holistic support for patients and caregivers in the community. The hybrid conference brought together nearly 200 healthcare professionals and community care partners.



#### National Peritoneal Dialysis Home Support Programme

In October 2022, we launched the National Peritoneal Dialysis Home Support Programme, which currently supports 14 patients. This initiative allows the management of such dialysis to be more cost-effective and produces clinical outcomes comparable to hemodialysis, providing more convenience for patients who can stay at home.





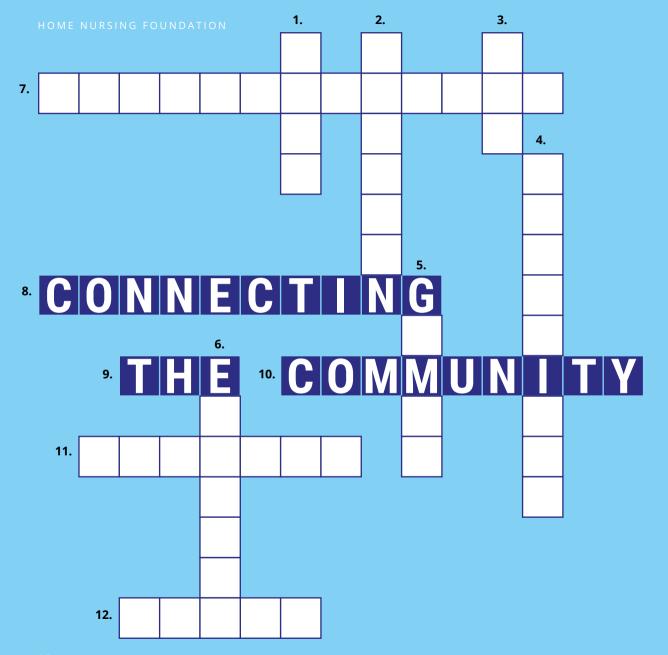
## **Changing Compression Bandages at Home**

Patients suffering from Venous Leg Ulcers (VLU) used to have to make several trips each week to the hospital to change their compression bandages.

Following a successful research collaboration study with Singapore General Hospital on the application of compression bandages for such patients, we launched a new service where patients with impaired mobility or those without a dedicated caregiver can change their VLU bandages at home.

As of March 2023, we have accepted 19 patients for this service, and 28 of our nurses have been trained in the application of compression bandages.

28 of our nurses have been trained in the application of compression bandages.



Read the clues and fill in the missing words.

#### Down:

- 1) A place where one lives
- 2) A strong liking
- 3) A feeling of great happiness
- 4) A person who provides regular care to those who are sick, aged or frail
- 5) An activity that one engages in for fun and amusement
- 6) To make someone stronger and more confident

#### **Across:**

- 7) To work jointly with others
- 8) Linking things together
- 9) A grammatical article that denotes things or people
- 10) A social group whose members reside in a specific location or share common interests
- 11) To provide assistance
- 12) A person trained to care for the sick or injured

ANNUAL REPORT 2022/23

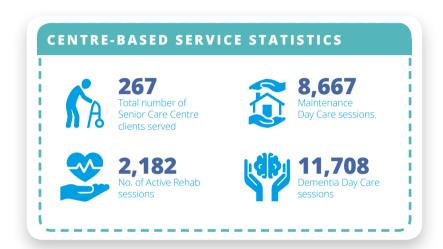
We provide stimulating and welcoming spaces for seniors to mingle, stay healthy and active, and contribute meaningfully to the community.

By enlarging the communities of care, supporting caregivers and collaborating with volunteers and partners to provide holistic services, we can create a more vibrant and inclusive society where everyone can age joyfully.





# STATISTICS





#### **Sengkang Community Hospital Collaboration**

We have partnered with Sengkang Community Hospital to improve caregivers' readiness to care for discharged patients with chronic illnesses. For patients discharged from the hospital, the programme provided their caregivers with materials on topics including community and financial resources, and caregiver stress management to caregivers who attended our virtual Caregiver Training Programme.

This would ultimately help us to better support our clients who have been discharged from the Sengkang Community Hospital and their caregivers, resulting in improved caregiving outcomes and better quality of life.

#### **Digitalising Processes at Wellness@Hougang**

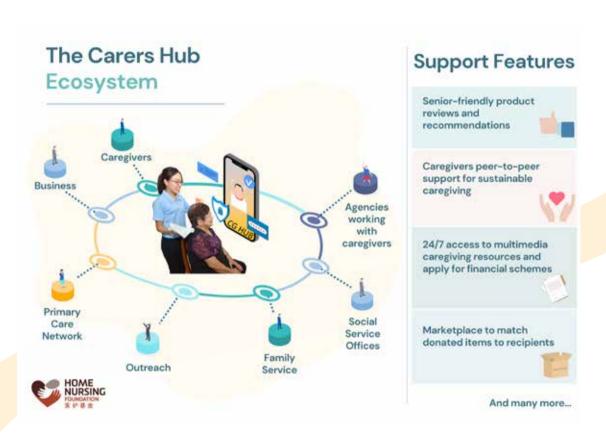
We introduced a new Medical Record System at Wellness@Hougang, which enables us to offer comprehensive care to our clients through automated and secure clinical documentation. We will implement this new system at our other centres.

#### **Online Hub for Caregivers**

We are building a comprehensive one-stop portal to provide 24/7 holistic support to caregivers.

Our Caregiver Hub Portal has taken shape with the development of UI/UX wireframes, following consultations with a consultant and various stakeholders. It is important to us that this platform benefits all caregivers, and we would really appreciate if you could share your thoughts on what features you would find most useful.





### Intergenerational Activities at Wellness Centres

Wellness Centre@Buangkok and Hougang collaborated with preschools in the vicinity to foster intergenerational bonding and uplifting interactions between preschoolers and seniors. These happened during celebratory events including National Day, Chinese New Year (CNY) and Grandparents' Day.



Wellness@Buangkok - CNY Celebration



Wellness@Hougang - National Day Celebration



Wellness Club@Buangkok - Grandparents' Day Celebration

## Building a Community at Wellness Club@Buangkok

When Centre Supervisor of Wellness Club@Buangkok Polly Lim noticed there were seniors around the area who hung out alone, and the frequent appearance of ambulances, she swung into action. Even though the seniors were not part of Wellness Club@Buangkok and the staff of the centre did not know them, they quickly changed that. The staff befriended the seniors and helped these seniors to make friends with each other.

Through their outreach efforts, Polly and her team have successfully connected with 609 seniors in the Buangkok area, where they gather for meals and drinks. Also, there is now at least one point of contact in almost every block of flats to keep a look out for seniors in need of help, ensuring that they can quickly receive assistance if needed. Said Ms Lim, "Through this initiative, we aim to create a self-sustaining and resilient network of community members who actively watch and support each other, creating a ripple effect that benefits the community."



# Interest Club Activities at

#### Wellness Club@Buangkok

#### **Cycling Club**

The cycling club was formed after the seniors were inspired by their participation in our inaugural cycling event, Tour de Care. The club cycles monthly with a current membership of 20 seniors. They have covered 71.6km and completed various planned routes, with upcoming destinations including Yishun Hotspring, Pulau Ubin, Sembawang Park, Jurassic Park, East Coast, and Sentosa.





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#### **Angklung Choir**

Volunteer and music teacher Cynthia Chow teaches seniors how to play the Angklung, an Indonesian instrument made of bamboo. The Angklung Choir has performed at HNF events, and member enrolment has been steadily increasing.

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#### **Beyond Socialising to Wellbeing**

While socialising is a key part of what we do at our centres, we also want to equip our seniors with the knowledge to age safely and well. In this regard, the Tan Tock Seng Hospital (TTSH) Central Health Team (CHT) has collaborated with Wellness Club@Buangkok on several fronts.

First, the CHArge UP! Learning programme involved the TTSH team conducting virtual and physical talks to seniors at the club on various topics, including creating a safe home environment, proper handling of a wheelchair, chronic disease management, fostering good medicine habits and more. This programme was started during the pandemic.

Second, the collaboration was extended to the Steady Lah! programme where the TTSH team helped the seniors develop practical knowledge pertaining to nutrition, exercises and skills that could be incorporated into their daily lifestyle to improve their strength, balance and bone health.

Third, a nurse and a health coach from TTSH were posted to our centre at least once a week, to provide health assessments and advice to our seniors. From August 2022, Wellness Club@Buangkok was the first Active Ageing Centre (Care) in Singapore to have such a weekly nursing post.



# Volunteering Collaborations with HNF

#### Wellness Club@Buangkok

#### **SG Cares Volunteer Centre**



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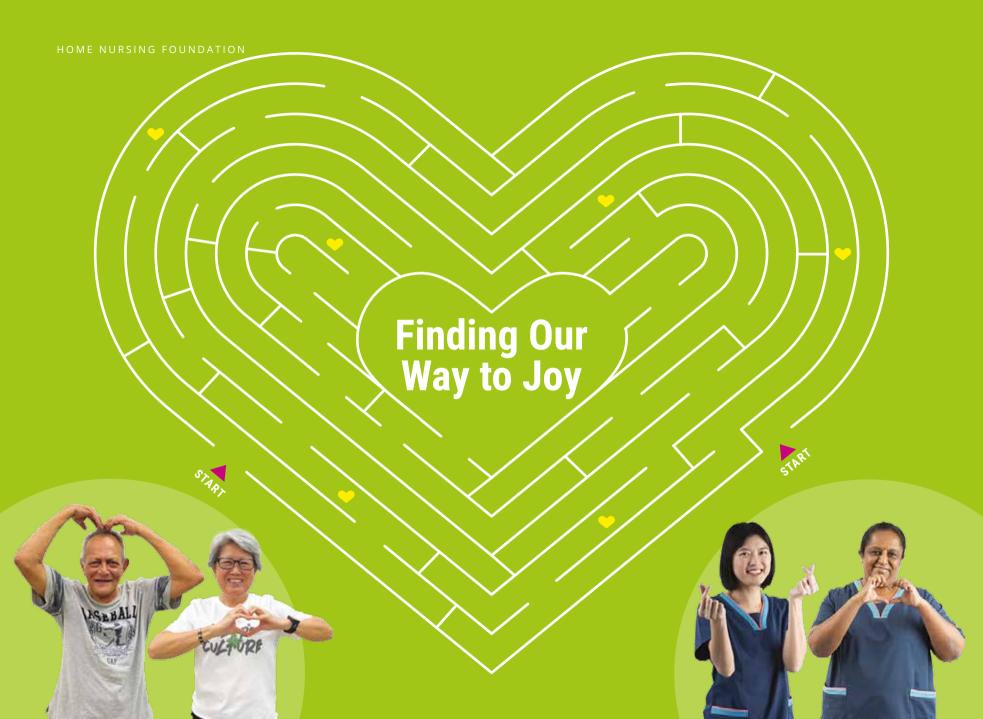
Calligraphy Workshop by Singapore Polytechnic Leo Club

# Agency for Integrated Care - National University of Singapore Collaboration - NUS Volunteers for Befriending of Seniors

This initiative between the Agency for Integrated Care (AIC) and students from the National University of Singapore (NUS) matches socially isolated and vulnerable seniors with volunteers who will visit them twice a month and make twice monthly phone calls. The volunteers will provide befriending and buddying services to improve the seniors' quality of life and well-being. A total of 20 students signed up to participate in the 1-year pilot project, benefitting 14 seniors.



A total of 20 students signed up to participate in the 1-year pilot project, benefitting 14 seniors.



44

It is a joyful experience for everyone who is involved in empowering our patients to age well in the community, from our team to our volunteers and partners.

As we continue to expand our services and grow our HNF family, we celebrate their many achievements as we find joy in making a lasting impact on the lives of those in need.





## **Developing Leadership Skills in our Community Care Nurses**

Advanced Practice Nurse, Precilla Lai, and Assistant Nurse Manager, Charine Chen, were selected for the Community Care Nursing Leadership Programme, a talent development initiative organised by the Agency for Integrated Care (AIC) that aims to build nursing leadership capacity in the community care sector. The programme comprises clinical and leadership development opportunities, executive coaching, networking and peer learning sessions to facilitate the transition of senior nurses into new leadership roles.



## **SingHealth Quality Service Award (SHQSA) 2023**

We received 2 Gold and 9 Silver awards at the SingHealth Quality Service Award ceremony, which honours healthcare professionals for their service excellence and going beyond their normal duties.

#### OUR AWARDS

THE SINGAPORE HEALTH QUALITY SERVICE AWARDS (SHQSA)

2 GOLD 9 SILVER



From left to right: Chong Yuk Fong, Cheryl Wong, Siti Mariam Binte Mohamed Amin, Wee Kim Leng, Law Kwee Eng, Dr Christina Tiong, President Halimah Yacob, Polly Lim, Rosendal Joenas Baque, Yee Say Hen, Andrew Tan, Cathy Wang



## **16th Tan Chin Tuan (TCT) Nursing Award**

Enrolled Nurse, Noraidah Binte Ismail, was awarded the Tan Chin Tuan Nursing Award which recognises talented and dedicated Enrolled Nurses committed to advancing the nursing profession in Singapore.

## Driving Organisational Development with TEAL

Many Blessings as you

continue your journey

We are in the third year of our organisational development journey using the innovative TEAL leadership model, which prioritises self-management and purposefulness in the workplace. The TEAL Ambassadors have been actively participating in workshops to further their understanding and practice of the TEAL model. Our efforts are bearing fruit, as our latest staff engagement survey showed an increase in overall staff satisfaction.

Many Blessins

continue your

All new hires also participated in the 4<sup>th</sup> run of our TEAL workshops, which were co-facilitated by our TEAL Ambassadors and consultant.



#### **New Looks for Staff**

Following consultations with our staff – who provided feedback on the functionality of uniforms and who then participated in a vote for their preferred designs – we have unveiled new uniforms which are clearly in line with what the staff would like to wear.

# **Fundraising Campaigns**

#### **Tour de Care 2022**

Our inaugural cycling fundraising event, Tour de Care, raised \$164,031 for our patients. The event started with a Round-The-Island challenge where our clinical colleagues and seniors from our Active Ageing Centre (Care) cycled around Singapore, showing their support for patients in need. We were immensely grateful for the help of our champions, Mobot and Holistic Way, and our supporters Crank N' Chain and Hub & Spoke, throughout this campaign.







### **Christmas Coasters Sale**

We raised a total of \$820 to support the programmes of Wellness Club@ Buangkok by selling handmade crochet coasters on Shopee during the Christmas season. The coasters were handmade by seniors from the club, and all proceeds went towards empowering them to age joyfully in the community.

### **Grant A Wish 2022**

We raised a total of \$41,805 on Giving.sg for our Grant A Wish 2022 campaign that sought to fulfill the Christmas wishes of our home care patients. The proceeds raised have touched the lives of our patients and have shown them what it is like to be surrounded by warmth and kindness this Christmas.



# Volunteering Initiatives

## **Sponsoring of Lunch by Noona Korean Kitchen**

Noona Korean Kitchen sponsored monthly lunches for Wellness@Hougang seniors and supported our placements of donation boxes at their store.





# The LKY Musical Sponsored by NTUC FairPrice Foundation and Singapore Repertory Theatre

To celebrate the contributions of our seniors in the community, NTUC FairPrice Foundation and Singapore Repertory Theatre generously sponsored a group of 50 seniors and staff to watch the LKY musical – a home-grown musical that tells Lee Kuan Yew's story from his student days to Singapore's independence in 1965.

### **International Day of Older Persons**

To celebrate the International Day of Older Persons, four seniors and their caregivers were taken on a 2D1N Sentosa staycation. They enjoyed various activities, including visiting the S.E.A Aquarium, Siloso Beach, and watching a musical fountain show.

Scan the QR code to read their inspiring stories!



Scan the QR code to read their inspiring stories!





# Celebrating International Volunteer Day

We celebrated International Volunteer Day at HNF Wellness@Hougang by treating 31 volunteers and guests to an artisanal tea blending workshop and a hearty lunch.

# **Volunteer Orientation and Training**

For our volunteers, we held an orientation in October 2022 and two training programmes in March 2023. These programmes were aimed at equipping them with the relevant skills to enhance their volunteer journey and better serve our community.

## **CNY Celebration with Mediacorp Artistes**

Our seniors at Wellness@Buangkok and Wellness Club@Buangkok enjoyed a lively Chinese New Year celebration with Mediacorp artists, including Elvin Ng, Pierre Png, Ayden Sng, Herman Keh, Tyler Ten, Zhai Siming, Gini Chang and Fang Rong. The events included games, singing, and *Lohei*, bringing joy and festivities to the seniors.





### **CNY Celebration at Chinatown**

To bring joy and comfort to homebound seniors during the festive period, we gifted 10 seniors with \$50 cash vouchers that were raised through our Gift a Joy Pack campaign. Through this campaign, funds raised go towards a "Joy Pack" for homebound patients containing necessities and festive goodies for them to enjoy their Chinese New Year. Our volunteers accompanied the seniors as they shopped for Chinese New Year goodies at Chinatown Food Street and enjoyed a hearty reunion meal with *Lohei* at Chinatown Point.



# **Appreciation**

### **Organisations**

### \$50,000 and above

Singapore Tote Board

### \$10,000 to \$49,999

Azalea Investment Management Pte Ltd Hong Leong Foundation PAP Community Foundation Singapore Rubber Millers Association The Community Foundation Of Singapore The Grace Shua And Jacob Ballas Charitable Trust TTJ Design & Engineering Pte Ltd Woh Hup (Private) Limited

### \$5,000 to \$9,999

GNS Storage Pte Ltd
Ho Bee Foundation
Home Health Care Association
JR Life Sciences Pte Ltd
JT International Singapore Pte Ltd
Lee Kim Tah Foundation
Mellford Pte Ltd
Mobot Pte Ltd
RSM Chio Lim LLP
Shenton Investment Pte Ltd
Singapore Buddhist Youth Mission
The Keppel Club

### \$1,000 to \$4,999

Chen Da Construction Pte Ltd

Hua Seah Investment Holding Pte Ltd Lingiack Dormitory Pte Ltd Aastar Pte Itd Affluence Resource Pte Ltd. Bossard Pte Ltd Che Hian Khor Moral Uplifting Society (Singapore) City Rangers Sports Club ComfortDelGro Corporation Limited Dou Yee Enterprises (S) Pte Ltd Exodus Capital (S) Pte Ltd Gloss & Glow Pte Ltd Grandluxe Pte Ltd GT San Engineering Pte Ltd HMC Sales & Service Pte Ltd HR Factors Personnel Pte Ltd Ion Agency Pte Ltd Lingiack Engineering Works Pte Ltd Litech Engineering & Trading Love @ Care Medical Products Makino Resource Development Pte Ltd Moneycierge Pte Ltd NPE Print Communications Pte Ltd Odyssey Technical Solutions Singapore Pte Ltd PT-G Builders Pte Ltd

Selecta Electronics Pte Ltd
Seng Hoe Hardware & Engineering Pte Ltd
South Wind Sdn.Bhd
Star Ready-Mix Pte Ltd
Tak Products & Services Pte Ltd
UK Online Giving Foundation
Win Holdings Pte Ltd
Wong and See Foundation
Yee Lee Private Limited
Zen Voce Manufacturing Pte Ltd
Zu-Lin Temple Association

### **Individuals**

### \$10,000 and above

De Vaz Ian Marc Rosairo Lee Hui San Lim Yuan Guang Oan Chim Seng Tan Yang Guan Thali Koattiath Udairam Tow Soon Kim Wong Soon Peng Adrian Wong Yuen Lien

### \$5,000 to \$9,999

Chan loo Kim Linda Chang Yeh Hong Chen Yuming Choo Chiau Beng Chua Yao Teng Chuah Kee Heng Hong Bee Lan **Justin Keh Wen Qing** Khoo Whee Leng **Kok Siew Hoong** Kok Wai Yee Patricia Kwok Yew Kai Colin Lee Joo Ee Evelyn Lim Yean Nyok Lim Yuan En Lin Qinghui

Loke Yuen Kin Ruby Mavis Lim Geck Chin Ng Kim Kiat Ng Mui Khim Jennifer Ong Cieow Gia Peh Hong Yee Quah Kim Lui Soong Wei San Suresan Sachithananthan Teo Hong Lim Tiong Shu Wong Ling Ming Wong Pui Ying Yeoh Choon lin Yip Hui Fen, Jeannie Yung Bee Eng

### \$1,000 to \$4,999

Aamir Hatim Nakhoda
Agnes Lim Bee Yan
Amy Wu Bingmei
Ang Chee Peng
Ang Swee Leong
Angeline Huang Yingxuan
Arthur Chai Shaw Pu
Arvind Prakash Sharma
Au Fung Chun
Audrey Koh

Aw Ai Ling Evelyn Aw Chye Huat Beverly Goh Pi Lee **Buen Sin Low** Chay Oh Moh Chee Yew Chung Chen Dingming Benedict Chen Hsiao Ying Cheng Teng Wai Cheng Ter Chiang Cheong Wai Kun Chia Ghim Chuan Chia Hoi Mun Chia Hwee Ming Chia Tze Cheng Chia Wei Hong Chiam Yah Fang **Chiang Wing Chiong** Chin Kim Tham Chin Lan Chin Chin Wan Li Chin Yau Seng Chionh Siok Bee Chionh Su Lin Chng Chee Kiong Chok Soo Hoon Mildred Chong Khee Yin

Chong Kum Wah

Chong Wei Hong Chong Yoon Foo Chua Angeline Chua Hay San Chua Kim Chiu Chua Poh Yen Cincotta Erin David Hobart Howell David Lee Eng Thong Doris Khoo **Edward Anwar** Ee Soon Hua Esmond Ee Tee Elaina Foo Shirong Eng Hsi Ko Peter **Eng Siang Leng** Foo Wei Kiang Foo Yee Bao Franky S Tanudjojo Fu Hwee Ling Gan Soh Har Goh Gaik June Goh Hock Lye Goh lia Yong Goh Kah Leng Goh Lai Soon Grace Fu Hai Yien Gwee Yi Xin

### **Individuals**

Han Hui Fong
Hee Siew Fong
Heng Jeyee
Hing Kian Hui
Ho Eng Lee
Ho Kok Sun Kevin
Ho Lian Lee
Ho Peng Ann
Ho Seong Peng
Ho Siow Ling
How Siang Meng
Huen Chi Keong
Jacintha Poh Jia Hui
Jain Praveen

Jerene Tan Chye Luan

Joseph Barnabas Tan Chin Ann

Juthika Ramanathan

Kamal Kant S/O Chhotalal

Kapoor Shashi
Kay Boon Tan
Kee Meng Yew
Kellie Tan
Khoo Boo Jin
Khoo Whee Luan
Ko Lian Hoi
Koh Guan Hong
Koh Lee Kiow
Koh Peck Kheng

Kok Chee Meng

Kong Ong Lim Lynn

Kuan Ren Qiang Patrick Kwek Kah Heong

Kwon Yoong Sang Lai Kim Fatt

Lai Li Fang Lai Yeow Choy Lam Kim Fai Lam Pei Li

Lau Hong Choon Lau Shy Yunn Karen

Lee Chia Shu Lee Hong Seng Lee Kheng Chong

Lee Kim Tong Victor Lee Kit Ming Edmund

Lee Liak Heng Lee Mimi Lee Pao Heong Lee Sai Guek Lee Sau Hun Lee Shean Wei

Lee Siang Lim Lee Wan Chew Lee Ying

Leo Kum Yuen Leong Hong Yong Leong Lai Han Leow Chee Wee

Leung Dominic Calibuso

Li Qianwen

Lim Boon Eng Julie

Lim Chwee Suan Corrina Dorus

Lim Ewe Teck Andy Lim Feng Philip Lim Hong Gor

Lim I Lynn Adeline

Lim Joo Yong Lim Lay Hua Lim Mei Yin Lim Ming Long Lim Mui Ngoh

Lim Nancy Lim Sian Leong Lim Sim Pei Lim Soon Peng

Lim Teck Chai Danny

Lim Tse Yin Lim U-Lin Queenie

Lim Yok Lev

Lim Yuan Kang Lina

Ling Ji Min
Lisa Ong
Liu Jin Tang
Loh Chee Kin
Loh Choh Yau
Loh Guo Pei
Loo Lee Leng
Low Chui Heng
Low Hwee Chua

Low Lian Yeok Low May Yin Eunice Low Weng Cheong

Mak Loke Peck

Matthew Teng Wen Lien

Mock Pack Kay Moeez H Nakhoda Mukerji Shantanu Ng Aik Cheng Ng Boon Seng Ng Chee Weng Ng Chee Yeng Ng Choon Hwee Ng Chwee Ee Ng Fook Kong Ng Huey Ling Ng Suat Kheng

Nontarat Thongpumpurksar

Oei Lay Choo
Oh Thay Lee
Ong Beng Huat
Ong Cheng Hock
Ong Eng Kee
Ong Juay Pin
Ong Kee Chuan
Ong Lay Khim
Ong Lay Kim
Ong Mong Siang
Pang Cheng Soon

Ng Wui Kern

### **Individuals**

Patricia Huang
Peh Beng Kiat
Peh Gek Lian Mary
Peh Xin Yee
Pek Tiong Khuan
Poh Angeline
Poruri Ramakrishna
Pua Poh Heng
Quah Siok Bin
Quek Ai Choo

Ramalingam Paramasivam Regina Chan Chak Fun Romeo Jr Garcia Roux Ludovic Hugues Saleha Bt Johari Sam Peng Puing Seah Lay Hoon See Tho Ving Yuen

Seet Robert Seow Troy Serene Han Tui Kin

Rahadja Linda

Shariff Nureen Naushadali

Shaw Priscylla Sim Choon Lang Sim Siah Kwang Sim Sok Peng

Sim Soo Hoon Eunice

Soh Chiow Sin Soh Lee Yong Song Wilson
Srivastava Anurag
Sulaiman Halim
Sum Sui Cheng
Sun Jianjun
Susie Tan
Suzanna Yean
Tan Chee Meng
Tan Chew Chuah

Tan Eng Hwa Tan Hong Beng Tan Hong Lye Cecilia

Tan Hui Eng
Tan Kim Biau
Tan Kok Choon
Tan Kok Huan
Tan Lek Hwa
Tan Mee Ling Aileen

Tan Nguan Chee Tan Poh Kiang Tan Sewkin Tan Siew Kia Tan Siew Ooa Tan Siok Lan Tan Siok Lan Anne

Tan Soon Teck Jimmy Tan Swee Tin Agnes Tan Sze Hui Karen Tan Tin Kwang

Tan Tin Kwang Tan Wai Seng Tan Yong Yong Tan Yun Joo Tang Ai Chee

Tay Chia Hui Audrey Tay Thiam Song

Tay Victor Tay Watt Moi Tea Wee Teck

Teh Lai Yip Nee Foo

Teo Hwee Hua Teo Koon Seong Teo Seh Lee

Teo Seow Phong Teow Kiok Liang Tham Kum Ying Tham Sok Yue

Thean Kooi Choong
Thia May Lian

Thin Ying Ning Thio Tse Gan Ting Chai Hoon Tit Ben Kum

Toh Chuan Gek
Toh Kheng Cheng
Tok Eng Seng

Tseng Ren-Fa Wan Fook Weng Wee Bee Geok

Wendy Yap Woon Hui Winnie Wan Siew Mei Wong Cheok Chee Wong Chiew Mann

Wong Hee Ong Wong Keen Mun

Wong Liang Feng Wong Mei Gin

Wong Nguk Yoong

Wong Oi Chee Wong Wei Tan Wong Yew Choo

Yan Huey Miin Yap Kian Peng

Yap Lian Eng

Yap Lian Hiang Vivien

Yee Lai Ching
Yeo Lik Seng
Yeo Yee Han
Yong Chin Chin
Yong Kwek Kuen
Yong Siew Kim
Yong Yih Min
Yoong It Siang

Zachary Tan Meng Ann

Zhang Weisheng

Zheng Yi

**Governance, Structure and Management** The Board of Management (the "Board") of the Charity may comprise up to 10 board members and up to four co-opted board members. The Board is elected by members of the Charity in the Annual General Meeting (AGM).

As of 31 March 2023, the Board comprised 10 board members and four co-opted board members who were elected by the Board, as per the Constitution of the Charity. The Board met four times between 31 March 2022 and 31 March 2023 and will be meeting once more at the AGM to approve the publication of this Annual Report and Financial Statements.

The Board sets and regularly reviews the Charity's strategic direction and oversees governance of the Charity. The Board is responsible for upholding the Charity's values and ensures the Charity achieves its objectives. The Board also guides and supports the Chief Executive Officer (CEO) and approves annual budgets.

During the AGM on 2 August 2022, we re-elected Mr T. K. Udairam, Ms Jenny Ong, Ms Low Beng Hoi and Mrs Deby Palakrishnan as Ordinary Board members. Mr T. K. Udairam was also re-elected as President.

Mr Tan Shong Ye had served on the Board for a total of 12 years as of 2023. In accordance with Article 8.3A in HNF Constitution, the office of the Vice President shall be vacated. A new Vice-President will be elected in the AGM on 1 August 2023. Mr Tan will continue to serve as an Advisor to the Board of Management and provide his expertise to HNF in technology innovation and cybersecurity.

### **Executive Committee and Committees**

Of the 10 board members, four form the Executive Committee, comprising the President of the Charity, the Vice-President, the Treasurer and the Secretary. In addition, the Board is supported by an Audit and Risk Management Committee, a Communications and Development Committee, a Clinical and Continuing Education Committee, an Investment Advisory Committee, a Facility Medifund Committee, a Staff and Remuneration Committee and a Technology Strategy Committee. The Executive Committee and the rest of the Committees have specific responsibilities in accordance with their terms of references.

All board members and co-opted board members serve on one or more committees. The President of the Charity chairs the Executive Committee, and invites board members to chair and serve on the rest of the Committees. The Committees provide counsel, expertise and support to the CEO and senior management of the Charity. The advisor(s) provide invaluable advice and support to the Board and help inform the short- and long-term strategies and directions undertaken by the Charity. The Executive Committee and all Committees meet regularly, with the CEO in attendance.

### **HNF Board and Committees for FY2022/23**

Position	Key Directorships & Appointments	Attendance at Board Meeting in FY22/23
Mr. T. K. Udairam President	CEO (Sheares Singapore / International) (Sheares Healthcare International Holdings)	4 /4
Mr Tan Shong Ye Vice President	Partner/Advisory (PricewaterhouseCoopers Risk Services Pte. Ltd)	3/4
Ms Ong Hwee Ling Jenny Treasurer	Retiree	3/4
Ms Lilian Tham Ee Mern Secretary	Chief Operating Officer, Group Chief Executive Officer, Singapore (Eastspring Investments (Singapore) Ltd)	3/4
Mrs Deby Saroujiuy Palakrishnan Board Member	Retiree	2/4
Ms Low Beng Hoi Board Member	Director of Nursing (Population Health & Community Transformation, Khoo Teck Puat Hospital/Yishun Health)	3/4
Ms Charmaine Chow Board Member	Executive Director, Compliance (TMRW Digital Group)	3/4
Mr Teo Hui Yu Richard Board Member	Strategic Advisor (RichLife GlobalWealth Pte Ltd)	4/4
Ms Lim Choon Noi Board Member	Financial Consultant (Vanguard Consultancy Pte Ltd)	4/4
Mr Goh Jia Yong Board Member	Partner (Ernst & Young Advisory Pte. Ltd.)	4/4
Mock Pack Kay Co-opted Board Member	Director (Saratoga Capital (Singapore) Pte Ltd)	4/4
Tee Hui Min Christine Co-opted Board Member	Partner (Allen & Gledhill LLP)	3/4
Jessica Ho Kit Ping Co-opted Board Member	Marketing Director (Intel Technology)	3/4
Thio Tse Gan Co-opted Board Member	Risk Management Consultant (Deloitte & Touche Enterprise Risk Services Pte Ltd)	2/4

REMARKS: Mr Thio Tse Gan was inducted as a co-opted board member on 1 Sep 2022.

#### **HNF Board Committees for FY2022/23**

### 1. Audit and Risk Management Committee

Chairperson: Mr Tan Shong Ye Members: Ms Lim Choon Noi

> Mr Jeremy Lee (co-opted) Ms Tee Hui Min Christine

Secretariat: Head. Finance

### 2. Communications & Development Committee

Chairperson: Ms Jessica Ho Kit Ping (2 Aug 2022 - Present)

Members: Ms Charmaine Chow

Ms Ong Hwee Ling Jenny

Mrs Deby Saroujiuy Palakrishnan

Ms Lilian Tham

Mr Teo Hui Yu Richard Ms Tee Hui Min Christine

Secretariat: Head. Communications & Development

### 3. Clinical & Continuing Education Committee

Chairperson: Ms Low Beng Hoi

Mrs Deby Saroujiuy Palakrishnan Members: Ms Rachel Marie Towle (co-opted)

Dr Ng Wai Chong (co-opted) Dr Shawn Goh (co-opted) Dr Barbara Helen (co-opted) Dr Jasmine Kang (co-opted)

Secretariat: Assistant Manager, Operations and Special Projects

### 4. Staff & Remuneration Committee

Chairperson: Mr Goh Jia Yong Members: Mr T. K. Udairam

Mrs Deby Saroujiuy Palakrishnan

Ms Lilian Tham

Secretariat: Head, Human Resource

### 5. Investment Advisory Committee

Chairperson: Mr T. K. Udairam Members: Mr Tan Shong Ye Mr Mock Pack Kav

Mr Soon Yong Kwee (co-opted)

Secretariat: Head, Finance

### 6. Technology Strategy Committee

Chairperson: Mr Teo Hui Yu Richard Members: Mr Tan Shong Ye

A/Prof Low Cheng Ooi Mr Leong Teik Ping Bruce Mr Srivatsan Tirumalai

Head, Management Information System Secretariat:

### **Facility Medifund Committee**

HNF formed its Facility Medifund Committee on 1 June 2013.

The following members were approved by Ministry of Health (MOH) as HNF's Facility Medifund Committee for the term of office dating 1 April 2021 to 31 March 2025.

- 1) Ms Chua Ee Cheng (Chairperson)
- 2) Mr Lim Chong Chee 3) Dr Alicia Altorfer-Ong

In FY22/23, 695 patients have benefitted from this fund and the committee will continue to deliver assistance to our needy patients.

#### Governance

### **Investment and Reserves Policy**

The Board is prudent with funds and endeavours to ensure that all money donated by the public is spent and managed appropriately, in accordance with charity law and in line with the wishes of the donors. The Board also oversees the management of investments and reserve funds.

#### **Professional Advisors**

- Statutory Auditor: RSM Chio Lim LLP
- Legal Advisor (Honorary): WongPartnership LLP

### Officers

Ms Gladis Tern (Head, Finance)

### **Investment Policy**

There are two elements to the Investment Policy of HNF, operating two types of investment pools:

- a. Investment-grade Bonds
- b. Cash and Fixed Deposit Funds

The Board ensures that the money held by HNF is invested prudently and profitably over the long term.

The aim for the Bonds portfolio is to meet the income needs of the charity and to grow capital and income over the long term at a low level of risk, whilst the Cash and Fixed Deposit portfolio aims to meet the income needs of the charity. Investment performance is measured against current fixed deposit rates of the main local banks, agreed by the Board at quarterly meetings.

As at 31 March 2023, the value of the portfolio investment funds was \$20.183.510.

### **Reserves Policy**

The Board endeavours to hold sufficient funds in reserve to meet the Charity's needs for approximately three years as a minimum.

Unrestricted Funds comprise donations and other charitable income received for general purpose charitable use. A portion of donations is designated by the Board for particular future purposes and is held pending application to respective designations. Unrestricted funds are often derived from unsolicited donations, rarely from legacies and are therefore unpredictable.

Restricted Funds would be established where monies are donated to HNF for special purposes. Such funds would be held in accordance with the wishes of the donors and used only when a purpose for which they are intended arises.

At 31 March 2023, the balance of the Restricted and Unrestricted funds totalled \$35,629,893.

Expenditure for FY2022/23 was \$20,732,196 (Expenditure is met by a combination of government funding, donations and patient fees).

### **Conflict of Interest Policy**

All board members and staff are to understand and comply with HNF's Conflict of Interest Policy which requires them to ensure that deliberations and decisions made are in the best interest of HNF. The party involved shall make full disclosure, the nature and extent of any relationship, arrangement, contract or agreement, which may result in a conflict of interest, real or perceived.

Board members and staff will not participate in decision-making and approvals of transactions to which they have a conflict of interest. All board members and staff will be required to file in writing, an updated declaration on an annual basis. However, if at any time following the filing of his or her declaration there occurs any material change in the information contained in the declaration given, either by way of addition or deletion, that board member or staff shall file a supplementary declaration describing such change, as soon as reasonably possible.

### **Whistle Blowing Policy**

The purpose of this policy aims to provide an avenue for employees to raise concerns and provide guidelines for handling these concerns. The policy shall cover the reporting and investigation of any improper or illegal activities at HNF. The definitions used for the purpose of this policy are as follows:

TERM	TERM
Whistle-Blower	Person making a protected disclosure about improper or illegal activities.
Whistle-Blowee	Person(s) implicated in disclosure made by the whistle-blower.

This policy which aims to guide whistle-blowing procedures stems from HNF's commitment to developing a culture of openness, accountability, and integrity. HNF encourages their employees who have concerns about suspected serious misconduct, or any breach, or suspected breach of law or regulation that may adversely impact the organisation, to come forward and raise the concerns.

More details on the whistle blowing policy may be found on the official website.

#### **Governance Evaluation Checklist**

(Covering period 1 April 2022 to 31 March 2023) HNF falls under Advanced Tier of Guidelines for purposes of the Code of Governance for Charities and Institutions of a Public Character.

The Advanced Tier is applicable to large IPCs with gross annual receipts of \$10 million or more.

The Governance Evaluation Checklist covers only the key principles and guidelines in the Code of Governance for Charities and IPCs.

The following disclosures have been made public through the Charity Portal.

S/No	Code Description	Code ID	Compliance
BOAR	D GOVERNANCE		
1	Induction and orientation are provided to incoming Board members on joining the Board.	1.1.2	Complied
	Are there governing board members holding staff appointments? (skip items 2 and 3 if "No")		No
2	Staff does not chair the Board and does not comprise more than one-third of the Board.	1.1.3	-
3	There are written job descriptions for their executive functions and operational duties which are distinct from their Board roles.	1.1.5	-
4	The Treasurer of the charity (or any person holding an equivalent position in the charity, e.g. Finance Committee Chairman or a governing board member responsible for overseeing the finances of the charity) can only serve a maximum of 4 consecutive years.	1.1.7	Complied
	If the charity has not appointed any governing board member to oversee its finances, it will be presumed that the Chairman oversees the finances of the charity.		
5	All governing board members must submit themselves for re-nomination and re-appointment, at least once every 3 years.	1.1.8	Complied
6	The Board conducts self evaluation to assess its performance and effectiveness once during its term or every 3 years, whichever is shorter.	1.1.12	Complied
	Is there any governing board member who has served for more than 10 consecutive years? (skip item 7 if "No")		Yes
7	The charity discloses in its annual report the reasons for retaining the governing board member who has served for more than 10 consecutive years.	1.1.13	Complied
8	There are documented terms of reference for the Board and each of its committees.	1.2.1	Complied
CONFL	LICT OF INTEREST		
9	There are documented procedures for governing board members and staff to declare actual or potential conflicts of interest to the Board at the earliest opportunity.	2.1	Complied
10	Governing board members do not vote or participate in decision making on matters where they have a conflict of interest.	2.4	Complied

S/No	Code Description	Code ID	Compliance
STRATE	GIC PLANNING		
11	The Board periodically reviews and approves the strategic plan for the charity to ensure that the charity's activities are in line with the charity's objectives.	3.2.2	Complied
12	There is a documented plan to develop the capacity and capability of the charity and the Board monitors the progress of the plan.	3.2.4	Complied
HUMA	N RESOURCE AND VOLUNTEER <sup>2</sup> MANAGEMENT		
13	The Board approves documented human resource policies for staff.	5.1	Complied
14	There is a documented Code of Conduct for governing board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	Complied
15	There are processes for regular supervision, appraisal and professional development of staff.  Are there volunteers serving in the charity? (skip item 16 if "No")	5.5	Complied
16	There are volunteer management policies in place for volunteers.	5.7	Complied
FINAN	CIAL MANAGEMENT AND INTERNAL CONTROLS		
17	There is a documented policy to seek the Board's approval for any loans, donations, grants or financial assistance provided by the charity which are not part of the charity's core charitable programmes.	6.1.1	Complied
18	The Board ensures that internal controls for financial matters in key areas are in place with documented procedures.	6.1.2	Complied
19	The Board ensures that reviews on the charity's internal controls, processes, key programmes and events are regularly conducted.	6.1.3	Complied
20	The Board ensures that there is a process to identify, and regularly monitor and review the charity's key risks.	6.1.4	Complied
21	The Board approves an annual budget for the charity's plans and regularly monitors the charity's expenditure.  Does the charity invest its reserves (e.g. in fixed deposits)? (skip item 22 if "No")	6.2.1	Complied
22	The charity has a documented investment policy approved by the Board.	6.4.3	Complied

S/No	Code Description	Code ID	Compliance
STRATE	EGIC PLANNING		
FUND	RAISING PRACTICES		
	Did the charity receive cash donations (solicited or unsolicited) during the financial year? (skip item 22 if "No")		Yes
23	All collections received (solicited or unsolicited) are properly accounted for and promptly deposited by the charity.  Did the charity receive donations in kind during the financial year?  (skip item 23 if "No")	7.2.2	Complied Yes
24	All donations in kind received are properly recorded and accounted for by the charity.	7.2.3	Complied
DISCLO	OSURE AND TRANSPARENCY		
25	The charity discloses in its annual report –	8.2	Complied
	(a) the number of Board meetings in the financial year; and		
	(b) the attendance of every governing board member at those meetings.		NI-
	Are governing board members remunerated for their services to the Board? (skip items 26 and 27 if "No")		No
26	No governing board member is involved in setting his own remuneration.	2.2	-
27	The charity discloses the exact remuneration and benefits received by each governing board member in its annual report.	8.3	-
	OR The charity discloses that no governing board member is remunerated.  Does the charity employ paid staff?		Yes
-	(skip items 28, 29 and 30 if "No")		
28	No staff is involved in setting his own remuneration.	2.2	Complied
29	The charity discloses in its annual report –	8.4	Complied
	(a) the total annual remuneration for each of its 3 highest paid staff who each has received remuneration (including remuneration received from the charity's subsidiaries) exceeding \$100,000 during the financial year; and  (b) whether any of the 3 highest paid staff also serves as a governing board member of the charity.		
	The information relating to the remuneration of the staff must be presented in bands of \$100,000.		
	OR		
	The charity discloses that none of its paid staff receives more than \$100,000 each in annual remuneration.		
	The chartey discloses that home of its paid staff receives more than \$100,000 each in annual remainer ation.		

S/No	Code Description	Code ID	Compliance
DISCLO	SURE AND TRANSPARENCY		
30	The charity discloses the number of paid staff who satisfies all of the following criteria:	8.5	Complied
	(a) the staff is a close member of the family <sup>3</sup> belonging to the Executive Head <sup>4</sup> or a governing board member of the charity;		
	(b) the staff has received remuneration exceeding \$50,000 during the financial year.		
	The information relating to the remuneration of the staff must be presented in bands of \$100,000.		
	OR The charity discloses that there is no paid staff, being a close member of the family belonging to the Executive Head or a governing board member of the charity, who has received remuneration exceeding \$50,000 during the financial year.		
PUBLI	CIMAGE		
31	The chaity has a documented communication policy on the release of information about the charity and its activities across all media platforms.	9.2	Complied

### **NOTES:**

- <sup>1</sup> Staff: Paid or unpaid individual who is involved in the day to day operations of the charity, e.g. an Executive Director or administrative personnel.
- <sup>2</sup> Volunteer: A person who willingly serves the charity without expectation of any remuneration.
- 3 Close member of the family: A family member belonging to the Executive Head or a governing board member of a charity
  - (a) who may be expected to influence the Executive Head's or governing board member's (as the case may be) dealings with the charity; or
  - (b) who may be influenced by the Executive Head or governing board member (as the case may be) in the family member's dealings with the charity.

A close member of the family may include the following:

- (a) the child or spouse of the Executive Head or governing board member;
- (b) the stepchild of the Executive Head or governing board member;
- (c) the dependant of the Executive Head or governing board member;
- (d) the dependant of the Executive Head's or governing board member's spouse.
- Executive Head: The most senior staff member in charge of the charity's staff.



Please download the latest financial statements for FY 22/23 from our website.



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MCI (P) 055/06/2023